

November 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Hot Dog Broccoli with cheese Fresh Apple	2 Chicken Wrap Spanish rice Romaine lettuce Tomatoe slice Cucumbers Applesauce	3 Spaghetti with meat sauce Breadstick Garden Salad Green beans Peaches	4
5	6 Mini meatball sub Potato wedges Tossed salad Pears	7 BBQ chicken leg Whole wheat roll Baked beans Cole slaw Mixed fruit	8 White chicken chili Corn bread muffin Cherry tomatoes Cucumber slices Peaches	9 Biccuits and gravy Peas Hash browns Applesauce	10 Cheese Pizza Fresh Broccoli and carrots Peaches	11
12	13 Hamburger on a bun Lettuce Oven fries Mixed fruit	14 Chili Tortilla chips Red bell peppers strips Apple	15 Chicken nuggets Wg roll Mashed potatoes & gravy Tossed salad Pears	16 Ham Slice Biscuit Sweet potatoes Green beans Baked apples	17 Macaroni cheese Meatballs Whole wheat bread slice Fresh baby carrots Apple Salad	18
19	20 Mini corn dogs Tater tots Green beans Mixed fruit	21 Pizza Tossed salad Peaches	22 Break	23 Break	24 Break	25
26	27 Taco soup Tortilla Chips Salsa Broccoli florets Applesauce	28 Chicken quesadilla Black bean salsa Sun Chips Refried beans Pineapple	29 Cowboy cavatina Whole wheat roll Corn Garden salad Apple	30 Chicken pattie on a bun Potatoe Wedges Broccoli Peaches		