

January 2019

Tossed Green Salad is available as a side every day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
	Christmas Break	Christmas Break	Teacher Workday	Hamburger/Cheeseburger	Chicken Rice Casserole	
				Oven Fries	Broccoli	
				Winter Blend Vegetables	Biscuit	
				Fruit and Milk	Fruit and Milk	
				Alternate: Chef Salad	Alternate: Chef Salad	
6	7	8	9	10	11	12
	Chicken Fajita	Chicken Tenders	Baked French Toast	Corn Dog or Hot Dog	Spaghetti/Meat Sauce	
	Refried Beans	Scalloped Potatoes	Fruit Topping	Macaroni and Cheese	Tossed Romaine Salad	
	Grilled Peppers/Onions	California Blend Vegetables	Sausage Patty	Green Beans	Garlic Toast	
	Corn	Honey Wheat Roll	Mixed Vegetables			
	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	
	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	
13	14	15	16	17	18	19
	Beef Mexican Rice	Chicken Nuggets	Hamburger/Cheeseburger	Chicken and Noodles	Cheese or Sausage Pizza	
	Tossed Romaine Salad	Mashed Potatoes/Gravy	Oven Fries	Orange Glazed Carrots	Tossed Romaine Salad	
	Cheese Quesadilla	Broccoli Florets	Winter Blend Vegetables	Biscuit	Pot Luck (leftovers)	
		Honey Wheat Roll				
	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	
	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	
20	21		23	24	25	26
		Corn Dog or Hot Dog	Italian Beef & Macaroni	Chicken Fajita	Biscuit/Sausage Gravy	
	MLK Day	Macaroni and Cheese	California Blend Vegetables	Refried Beans	Tater Gems	
		Green Beans	Bread Stick	Grilled Peppers/Onions	Mixed Vegetables	
				Fiesta Corn		
	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	
	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	
27	28	29	30	31	SPECIAL PERSON DAY FEB 1	2
	Salisbury Steak/Gravy	Tenderloin on Bun	Chicken Rice Casserole	Spaghetti/Meat Sauce	Chicken Patty on Bun	
	Scalloped Potatoes	Baked Beans	Steamed Carrots	Tossed Romaine Salad	Macaroni and Cheese	
	Winter Blend Vegetables	Cole Slaw	Biscuit	Garlic Toast	Broccoli Florets	
	Honey Wheat Roll					

	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	
	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	Alternate: Chef Salad	